ADVANCING YOUR “WHOLE-PERSON” HEALTH

ANNUAL REPORT 2022
DEAR FRIENDS OF MERIDIAN,

At Meridian, we strive to advance our work to its highest potential thereby enhancing patient experience. From our exemplary physicians and clinicians to our nurses and mental health practitioners, each medical professional continued battling obstacles of the COVID-19 pandemic, but rose to every challenge.

In this year’s annual report, you’ll read about how we provided access to care for underserved communities with our integrated “whole-person” health services. With our expansion of dental programs, addictions and recovery services, and primary medical care and behavioral health in schools, our spectrum of care makes Meridian what it is.

We’ve opened several new in-school clinics in Muncie and Anderson, and will soon add more around the state. Besides medical services and school nursing, these Meridian school clinics offer behavioral health services and give children easy access to a full range of health services. Even more exciting - they are open to anyone. Our school clinics are neighborhood clinics, giving essential healthcare to families who may not have easy access otherwise.

Be sure to check out Home with Hope, one of our newest partnerships in addiction care. As well as our public awareness efforts in spotlighting our Speaker Series, which brings community stakeholders and statewide policymakers together, focusing on addiction recovery and mental health efforts.

The Meridian family serves over 38,000 patients in more than half the counties in Indiana. And we’re growing. We do this by advancing the work, elevating our communities, advancing our expert medical staff, and by elevating our collaborative partnerships. I often say Meridian cannot be all things to all people. But we can do our part, with you by our side.

Sincerely,

Hank A. Milius
President/CEO
Meridian Health Services
DEAR FRIENDS OF MERIDIAN,

WELCOME

This past year we have made great strides in advancing “whole-person” health and expanding access to care in our communities. Our dedicated Meridian team has worked together to provide our whole-person health services to rural and underserved communities while enhancing the patient experience. Meridian’s impact continues to grow as we work to make our communities healthier through a focus on whole-person health.

Meridian’s “Whole-Person” Healthcare provides integration of:

**PHYSICAL**

Our physical health services include a vast range of primary medical care specialties including – Family Medicine, Pediatrics, Dental, Women’s Health OB/GYN, Internal Medicine, and School Health Clinics. Meridian continues to expand to meet the needs of communities throughout Indiana. Our telehealth services play a large part in expanding access to care for patients.

**MENTAL**

Mental wellness and physical well-being go hand-in-hand. Meridian offers a full spectrum of behavioral health services that include Psychiatry, Counseling, Inpatient/Outpatient Therapy, Addiction and Recovery, Children and Family Programs, and Crisis Services. We also provide Home and School-Based Programs, Skill Building, and Mental Health programs for those with intellectual and developmental disorders.

**SOCIAL**

Communities become healthy by addressing social health determinants through a number of services. The Suzanne Gresham Center’s Child Advocacy Center for abused children, HIV Non-Medical Case Management, Foster Care Adoption, Supported Housing Programs, and other Meridian community resources help enable those in need to become independent, overcome challenges, and grow.

Sincerely,

Hank A. Milius  
President/CEO  
Meridian Health Services
Meeting Children and Families Where They Are

Meridian’s School-Based Health Centers are an innovative, affordable model integrating behavioral and medical care for students, teachers, families, and anyone in the community. Convenient locations broaden access to care for those who otherwise may not seek services. Meridian’s first School-Based Health Clinic opened in 2020 at Southside Middle School in Muncie. In just two years, Meridian now has a presence in all Muncie Community Schools. In March 2022, Meridian opened its first School-Based Health Clinic at Compass Alternative School in Anderson. The program continues expanding with more schools partnering in the near future at Richmond Community Schools and Union School Corporation.

Expanding Access to Care

Meridian Health Services is dedicated to expanding access to care for vulnerable, underserved communities. With new locations being added every day and new technology, we have been able to close the gap on who is able to access “whole-person” healthcare.
Meeting Children and Families Where They Are
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Physical Health / Primary Medical Care
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Expanding Access to Care
Virtual Appointments Expand Access to Care
COVID-19 may have given rise to virtual appointments, but telehealth is here to stay. Meridian sees the importance of remote virtual care and has built a successful program to extend its continuum of services to patients who previously may not have had access to vital health services.

Initially, virtual visits were a way for patients to maintain access to their healthcare provider through the pandemic without going to a physical office space. As more and more are vaccinated, some patients are choosing to return to in-person visits with providers. But we're also seeing how desirable virtual appointments have become, extending access and convenience to healthcare. Meridian has built a solid platform for the technology that provides virtual care much like in-person visits. For those without transportation, or whose health makes travel difficult, and for those who live in rural communities, virtual access to healthcare has been key to maintaining good health.

› Meridian provided 80,320 telehealth visits last year alone.

Dental Care is Vital to “Whole-Person” Health
A vital part of good physical health relies on oral health. The mouth is a window into the health of the body. Linking dental services to medical care gives patients a full spectrum of whole-person healthcare. Meridian Dental is located in Anderson, Elwood, Muncie and Richmond. New dental care locations are expected to open within the next year in Portland and Marion.

› Since 2020, Meridian has provided 8,858 dental appointments to patients that may not have otherwise received this much needed care.

When Gregory D. Allen, of Anderson, was looking for a new doctor, the deciding factor for him was the idea of going to a “medical home” that offered the convenience of having high-quality healthcare services integrated and offered in one location.

“Since everything was in one place at Meridian, it made it all very convenient. In the past it was hard for me to get to a dentist, but now I am and they have my gingivitis under control. It’s been a very positive experience. I’ve used their behavioral health services and I go to a family doctor there too,” said Allen.
Meridian Health Services collaborates with community resource providers and seeks new trainings and innovation to improve patient outcomes and overall health and well-being of patients and the community at-large.

Partnerships Build Bridges

Meridian builds bridges across the state as it creates a continuum of care for people with addictions. In August 2021, Meridian partnered with Home with Hope in Lafayette to extend addiction recovery efforts. This partnership allows those seeking recovery to stabilize in the Addictions and Recovery Center, transition to a recovery residence upon discharge and continue to work on their recovery through outpatient services. Additionally, Home with Hope provides two residential homes for men and women to live during recovery. Home with Hope is the only program of its kind in the Lafayette area that provides this continuum of care, often following primary treatment for men and women 18 and older.

The expansion is supported by North Central Health Services (NCHS), which awarded Meridian and Home with Hope with more than $1.4 million to revitalize and increase services in the community.
Meridian Health Services’ Connxxions, an outpatient program for those with a dual diagnosis of an intellectual/developmental disorder (IDD) and a mental health need, recently was re-certified by the National Association of Dual Diagnosis. The ranking follows months of intense preparation. The National Association for the Dually Diagnosed (NADD) measures programs against 18 standards of best practices with IDD with mental health concerns. Meridian’s Connxxions program serves 35 counties and employs more than 100 staff who assist individuals, their families, and caregivers with daily living and coping skills helping to build independence for the patient.

Youth Mental Health First Aid

Meridian Health Services received a grant from the Muncie-Delaware County Community Foundation and Ball Brothers Foundation to fund the second phase of Youth Mental Health First Aid training for 50 Delaware County schools staff. The first phase of this project allowed for 175 staff to be trained. Youth Mental Health First Aid introduces participants to identify common signs and symptoms of mental health and substance use-related challenges, builds understanding on their impact, and provides an overview of common supports. With Meridian’s presence in schools throughout the state of Indiana, we have taken an active role in educating school staff on safety trainings and best practices to better serve students, families and our community.
Thank you for allowing me to be part of the Meridian Speaker Series with Ryan Leaf. As I trudge the road to happiness one day at a time, it is easy to not look at accomplishments. That day allowed me to reflect on how much my life has changed since October 19, 2006! Thank you so very much for letting me help others and ultimately myself. It was truly a pleasure.

– Jim, Recovery Person, Speaker Series

– Lafayette

SOCIAL WELL-BEING / HUMAN SERVICES

Campaign of Community Awareness Emerges

Meridian Health Services provides community events and education to help further knowledge on the importance of “whole-person” health for the community.

Rialzo Returns to Raise Funds for Meridian’s Full Spectrum of Addictions & Recovery Programs

Rialzo returned with a new look, venue and purpose on Saturday, May 14th, 2022 at the Scheumann Family Indoor Practice Facility on the campus of Ball State University. More than 700 of our greatest supporters attended Rialzo XI raising funds for Meridian’s full spectrum of addictions and recovery programs. The Kentucky Derby-themed charity gala featured “The Greatest 2 Minutes in Fundraising” – the Meridian Derby – a virtual horse racing event that allowed guests to donate and pick from 10 horses representing different Meridian Addictions and Recovery programs.

Indiana Governor Eric Holcomb received the Spirit of Meridian Award, recognizing his commitment to promote healthier communities. On his first day in office in 2017, Gov. Holcomb appointed the state’s first drug czar to tackle addiction and lead the state’s anti-drug efforts. Additionally, he led the state of Indiana through the COVID-19 pandemic and implemented the Next Level Regional Recovery program intended to help the state’s economy recover from the financial impact from the pandemic. He also has reinforced his healthcare initiatives to include recovery housing, mental healthcare services, tools to assess substance use disorder, and more to help make Indiana residents and communities healthier.

Campaign of Community Awareness Emerges

Meridian Health Services provides community events and education to help further knowledge on the importance of “whole-person” health for the community.
Community Speaker Series

In the last decade, nearly 4,000 Hoosiers have died from opioids. Overdose deaths are at epidemic proportions. Our Speaker Series, now in its fifth year, is part of a public awareness campaign, pairing high-profile individual speakers with a panel of Meridian experts, and local and statewide professionals who discuss what’s being done to stem the tide. This past year the series included once top-rated athletes whose battles with addiction help inspire others.

Ryan Leaf, the second overall pick in the 1998 NFL draft, and former NBA player Chris Herren both shared their stories of addiction and recovery to audiences in Muncie, Richmond and Lafayette.

Panelist experts included the Director of the Indiana Division of Mental Health and Addiction, the State Executive Director of Drug Prevention, Treatment and Enforcement, physicians, mayors, law enforcement, deputy prosecutors, people in recovery, advocacy groups and Meridian experts.

“Thank you for allowing me to be part of the Meridian Speaker Series with Ryan Leaf. As I trudge the road to happiness one day at a time, it is easy to not look at accomplishments. That day allowed me to reflect on how much my life has changed since October 19, 2006! Thank you so very much for letting me help others and ultimately myself. It was truly a pleasure.”
– Jim, Recovery Person, Speaker Series
– Lafayette
Thank you to all of our generous supporters and donors for helping make Meridian’s programs and services available to all who are in need.

### CORPORATE GIVING
#### THE PARTNERS SOCIETY (LIFETIME CASH GIVING AS OF JUNE 30, 2022)

<table>
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<tr>
<th><strong>DIAMOND SOCIETY</strong></th>
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<td>Ball Brothers Foundation</td>
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<td>IU/Ball Memorial Hospital</td>
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<td>University Dermatology Center</td>
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<td>UP TO $9,999</td>
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<td>32 Nebo Business Park, LLC</td>
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<td>AAA Interstate Transportation, LLC</td>
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<td>Aaron M. Henderson Law Office, LLC</td>
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Campbell Brothers
Auto, Inc.
Cancer Services of ECI-
Little Red Door
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Cardinal Greenway
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Jay County Rotary
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Kappa Kappa Kappa
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Kappa Kappa Kappa
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(doTerra Essential Oils)
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Wayne County Women's Roller Derby, LLC
Wernle Youth & Family Treatment Center, Inc.
White River Dental Care
Whitewater Eye Center, LLC
Whitinger & Company
Winchester Lodge No. 1977
Women of the Moose Lodge Winchester
Word Systems, Inc.
Workplace Service Corporation
YMCA of Muncie
Zach Craig for Prosecutor

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**FINANCIAL REPORT**

**July 1, 2021 – June 30, 2022**

- Revenue generated from serving 38,364 patients: $146,250,000
  - Patient charges $105,310,000
  - Federal, state and local government $21,960,000
  - Investment earnings ($2,240,000)
  - Other sources $21,220,000

- We did not receive full payment from:
  - Those unwilling or unable to pay ($13,250,000)
  - Other contractual agreements ($15,790,000)

**TOTAL FUNDS AVAILABLE** $117,210,000

- We applied our funds to:
  - Wages, Benefits and Contractual payments for 1,049 employees $73,400,000
  - Purchase services and supplies $7,950,000
  - Facilities, operating costs and the provision for future services $35,860,000

**TOTAL FUNDS APPLIED** $117,210,000

- Meridian Awarded for Workplace Risk and Safety Measures
  - Meridian was recognized by USI Insurance Services with the Indiana Risk and Safety Excellence Award, acknowledging our focus on safety and policies and procedures that reduce risks to employees.
  - More than 350 behavioral clinicians, using their own vehicles, are on the road every day traveling for patient care.
  - USI and Meridian worked together to establish a program that helps encourage safe driving and gives a higher level of protection to Meridian, which translates to more dollars available for Meridian’s mission to help make communities healthier through a focus on “whole person” health.
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MERIDIAN HAS PARTNERED WITH 346 SCHOOLS TO BRING SERVICES TO STUDENTS

$73,400,000 WAS DEDICATED TO OUR 1049 EMPLOYEES’ SALARIES & BENEFITS

MERIDIAN PROVIDED CARE TO 4,400 INDIVIDUALS WHO WERE UNABLE TO PAY FOR SERVICES WHICH TOTALD $4 MILLION IN CHARITY CARE

15,026 CHILDREN RECEIVED SERVICES FROM MERIDIAN

$146,250,000 IN REVENUE WAS GENERATED DURING FISCAL YEAR 2021–22

38,364 PATIENTS SERVED

534,665 OUTPATIENT VISITS PROVIDED

IN 52 FACILITIES

WITH 34 CLINICS
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“Whole-Person” Health for All Stages of Life.

YOUR “whole-person” HEALTH HOME

MeridianHS.org
### Meridian Health Services Locations:

**Muncie - Main Office**  
240 N. Tillotson Ave.  
765-288-1928

**Muncie - Annex**  
130 N. Tillotson Ave.  
765-254-5356

**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Anderson**  
2010 Brentwood Dr.  
765-393-0063

**Bluffton**  
303 S. Main St.  
866-306-2647

**Connersville**  
707 W. 3rd St.  
765-827-1164

**Fort Wayne**  
4646 W. Jefferson Blvd.  
260-436-0932

**Indianapolis**  
4755 Kingsway Dr., Ste 105  
317-803-2270

**Kokomo**  
424 E. Southway Blvd.  
765-865-8914

**Lafayette**  
1500 Salem St.  
765-250-9212

**Marion**  
323 E. 2nd St.  
765-573-5567

**Michigan City**  
422 Franklin St., Ste F  
219-688-1455

**Mishawaka**  
1816 West Ave.  
574-254-0229

**New Castle**  
930 N. 14th St.  
765-521-2450

**Portland**  
931 W. Water St.  
260-726-9348

**Richmond - Adults**  
520 S. 9th St.  
765-935-5390

**Richmond - Children**  
2300 Chester Blvd.  
765-983-2220

**Rushville**  
509 Conrad Harcourt Way  
765-932-3699

**Winchester**  
730 W. Washington St.  
765-684-7820

### Specialty Centers:

**Meridian Addictions & Recovery Centers**  
Richmond  
498 N.W. 18th St., Bldg 417  
765-373-8704

**West Lafayette**  
2900 N. River Rd.  
765-337-8855

**Lafayette**  
Home With Hope  
1119 Ferry St.  
765-807-0009

**Women’s Recovery Home**  
Muncie  
1101 N. Wheeling Ave.  
866-306-2647

**Lafayette**  
920 N. 11th St.  
765-373-8855

**Suzanne Gresham Center**  
Children & Family Programs  
Muncie  
3620 W. White River Blvd.  
765-288-1928

**Meridian School Clinic**  
Muncie Southside Middle School  
1601 E. 26th St.  
866-306-2647

**Anderson**  
Compass Alternative School  
2010 Brentwood Dr.  
765-393-0063

**Women’s Health**  
Muncie  
100 N. Tillotson Ave.  
765-286-2000

**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Meridian Health Pediatrics**  
Anderson  
1547 Ohio Ave.  
765-641-7499

**Bluffton**  
303 S. Main St.  
260-888-2102

**Muncie**  
205 N. Tillotson Ave.  
765-291-5437

**Women's Health Muncie**  
765-286-2000

**Anderson**  
1547 Ohio Ave.  
765-641-7499

**Elwood**  
1518 Main St.  
765-592-3488

**Muncie**  
110 N. Tillotson Ave.  
866-306-2647

**Richmond**  
520 S. 9th St.  
765-935-5390

**MeridianMD Medical Care Offices**  
Anderson  
1547 Ohio Ave.  
765-641-7499

**Bluffton**  
Internal Medicine  
303 S. Main St.  
260-888-2101

**Connersville**  
707 W. 3rd St.  
765-827-1164

**Dunkirk**  
1150 S. Main St.  
765-288-3188

**MeridianMD cont.**  
Muncie  
100 N. Tillotson Ave.  
765-286-8770

**New Castle**  
930 N. 14th St.  
765-521-2450

**Richmond**  
520 S. 9th St.  
765-935-5390

**Richmond**  
2300 Chester Blvd.  
765-939-2395

**Rushville**  
509 Conrad Harcourt Way  
765-932-3699

**MeridianMD Convenience Care**  
Portland  
500 W. Votaw St.  
260-726-4350

**Richmond**  
520 S. 9th St.  
765-935-5390

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**Corporate Address:**  
240 N. Tillotson Ave.  
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MeridianHS.org

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