



OUTPATIENT COUNSELING & THERAPY

Meridian Health Services offers professional counseling by licensed clinical social workers, mental health counselors, and family therapists. We work with individuals, couples, and families struggling with depression, anxiety, stress, adjustment problems, and other life challenges. We are committed to providing individual, person-centered attention to help individuals and families achieve mental, physical, and social well-being.



PSYCHIATRIC SERVICES

Identifying behavioral health issues is an important step to achieving overall wellness. The psychiatrists and clinical nurse practitioners at Meridian provide comprehensive psychiatric evaluations and medication management for adults and children experiencing symptoms of depression, anxiety, and other mental health conditions.



SKILL BUILDING

Meridian Skill Builders provide therapeutic support services to individuals who suffer from acute symptoms of mental illness.

- Self-management of symptoms & medications
- Social interpersonal skills
- Information processing & thinking skills
- Independent living skills
- Pre-employment & vocational skills
- Goal setting, monitoring, and implementation skills



CONNXXIONS

Quality mental health services for individuals with a dual diagnosis of intellectual or developmental disorders (IDD) and mental health needs. Through the Connxxions program, participants gain skills that foster independence and enrich their lives.



SUPPORTED EMPLOYMENT

With the assistance of an employment specialist, adults can acquire the skills necessary to gain and maintain employment in the community. Working in partnership with Indiana Vocational Rehabilitation Services, the employment specialist links employers with qualified job seekers and provides ongoing job coaching and support in the work place.

RESIDENTIAL & INDEPENDENT LIVING

Meridian's residential and independent living program helps residents gain skills to live in the least restrictive environment while receiving integrated care. The program is designed to help individuals build skills to allow them to live on their own.

INTENSIVE WRAPAROUND SERVICES

This service is a team-based approach that encourages professionals, natural supports, and community partners to come together to create one plan with the goal of helping the family reach their family vision.

- Identifies the emotional and psychological needs of the child and family.
- Services can include crisis and family counseling, training and support, and respite care.



ADDICTIONS TREATMENT

Individuals experiencing substance use disorders associated with addiction can find treatment and support at Meridian. Depending on the severity of need, a number of treatment options are available including:



• Intensive Outpatient Program & Aftercare

Outpatient treatment followed by a relapse prevention program.

• Maternal Treatment Program (MTP)

Addictions treatment and support for mothers and their children (under 5 years).

• Addictions & Recovery Center (ARC)

24-hour residential addiction treatment center located in West Lafayette.

• Home with Hope

Residential program followed by addictions treatment to help individuals re-enter their communities. Located in Lafayette.

• Women's Recovery Home

Structured 2-phase addiction and behavioral treatment in a residential group home setting. Located in Muncie.

CARE COORDINATION

Individuals work with trained professionals who become helpers, service brokers, and advocates to help families and clients navigate the system to meet their needs and receive appropriate services. Case Management Services are also extended to persons who are homeless or about to be homeless and are mentally ill. These occur through homeless outreach and Drop-In Center programs.



COMMUNITY SUPPORT PROGRAM

Adults with a severe and persistent mental illness face particular challenges and barriers to achieving recovery, wellness, and self-reliance in everyday living. Meridian offers treatment options to help people manage their illness to become independent.

FAMILY-CENTERED SERVICES

This program establishes positive, long-term support by introducing families to available resources within the community. Family-Centered Services offer assessments, goal planning, and individual services

- Home, community, school-based services
- Mental health education
- Skills development and training
- Case management
- Referral to other behavioral health or primary care services as needed
- Collaboration of services with schools and/or other providers



MERIDIAN

HEALTH Services

Physical. Mental. Social Well-Being.

Meridian Health Services is a true medical home integrating physical, mental, and social health. With over 50 clinics throughout the state of Indiana, Meridian works to create healthier communities through a focus on "whole-person" health.

Services Include:

- Primary Medical Care
- Pediatrics
- Family Dentistry
- Women's Health
- Pharmacy
- School-Based Health Clinics and more!



Schedule your appointment today to begin your "whole-person" health journey!

866-306-2647
MeridianHS.org



Meridian Health Services is committed to making health care easily accessible by providing locations throughout the state for people of all ages to receive integrated care. Our footprint is growing - please visit MeridianHS.org for the most up-to-date list of our locations.

LOCATIONS:

*Not a comprehensive lists of ALL locations. Services and programs vary by location, please call 866-306-2647 or visit MeridianHS.org for a comprehensive list of locations.

ANDERSON
Meridian Health Services
1547 Ohio Ave.
765-641-7499

MISHAWAKA
Meridian Health Services
1818 Went Ave.
574-254-0229

BLUFFTON
Meridian Health Services
1026 S. Main St.
260-888-2102

MOORESVILLE
Meridian Health Services
1001 Hadley Rd.
317-961-5161

CONNERSVILLE
Meridian Health Services
707 W. 3rd St.
765-827-1164

MUNCIE
Meridian Health Services
240 N. Tillotson Ave.
765-288-1928

FORT WAYNE
Meridian Health Services
2622 Lake Ave.
260-436-0932

Meridian Health Services
130 N. Tillotson Ave.
765-254-5356

Meridian Health Services
2020 McKinnie Ave.
260-299-3151

NEW CASTLE
Meridian Health Services
930 N. 14th St.
765-521-2450

INDIANAPOLIS
Meridian Health Services
4755 Kingsway Dr.
317-803-2270

PERU
Meridian Health Services
285 W. 12th St., Suite 205
765-472-5335

Meridian Health Services
5230 E. Stop 11 Rd.
317-961-5173

PORTLAND
Meridian Health Services
931 W. Water St.
260-726-9348

KOKOMO
Meridian Health Services
424 E. Southway Blvd.
765-865-8914

RICHMOND
Meridian Health Services
520 S. 9th St.
765-935-5390

LAFAYETTE
Meridian Health Services
1500 Salem St.
765-250-9212

RUSHVILLE
Meridian Health Services
509 Conrad Harcourt Way
765-932-3699

MARION
Meridian Health Services
911 N. Western Ave.
765-573-2040

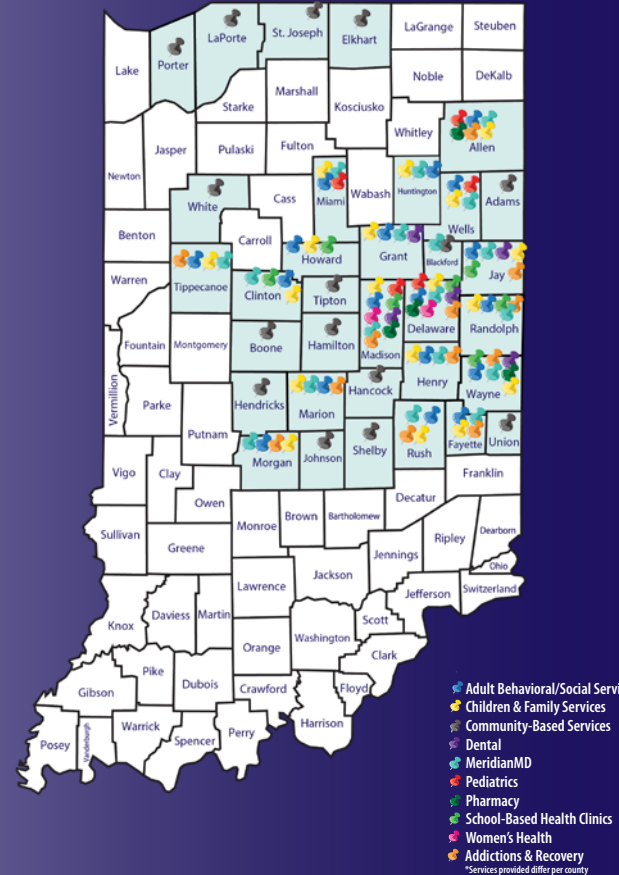
WINCHESTER
Meridian Health Services
730 N. Washington St.
765-584-7820

MERIDIAN

HEALTH Services

Physical. Mental. Social Well-Being.

Meridian Health Services is a regional, progressive healthcare organization specializing in "whole-person" health integrating physical, mental and social well-being. The focus on a broader spectrum of health offers a well-rounded approach for happier, healthier patients.



Located in over 80 facilities across Indiana!
Visit MeridianHS.org for a complete listing of locations and services near you!

MeridianHS.org • 866-306-2647

BEHAVIORAL HEALTH

Counseling & Therapy



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