



MATERNAL TREATMENT PROGRAM (MTP)

MTP is an outpatient treatment program providing care and support to mothers with substance use disorder(s) and their children (up to 5 years of age).

The program's services are designed to use "whole-person" health methods to prevent, educate, and treat substance use issues and provide community support for its patients. This helps change the lifestyles of mothers in crisis, which in turn improves the outcomes for children born to addiction.

By helping pregnant women and moms struggling with substance use disorder(s) develop a lifestyle free of substances, we help decrease Neonatal Abstinence Syndrome (NAS), which helps improve the lives of newborns and families.

NEONATAL ABSTINENCE SYNDROME (NAS)

Neonatal Abstinence Syndrome (NAS) is a group of conditions occurring in newborns exposed to addictive opiate drugs while in the mother's womb.

Signs and Symptoms include:

- Tremors
- Irritability (excessive crying); High-pitched crying
- Sleep problems
- Tight muscle tone
- Hyperactive reflexes
- Seizures
- Poor feeding and sucking
- Vomiting
- Diarrhea
- Dehydration
- Sweating
- Fever and unstable temperature

EVIDENCE BASED PRACTICES

Recovering Together: A therapeutic and educational program designed for the unique needs of mothers and their children.

Positive Discipline: Uses effective discipline techniques that help children gain a sense of belonging through connection and significance through contribution.

SCREENING TOOLS

Adverse Childhood Experiences (ACEs)

Tool for identifying abuse, neglect, and other traumatic events that can increase risk factors and poor outcomes in many areas.

SBIRT (Screening, Brief Intervention, Referral to Treatment)

Approach to the delivery of early intervention and treatment to people with substance use disorders and those at risk of developing these disorders.

Ages and Stages Questionnaire, Third Edition (ASQ-3)

A tool that can help identify a child's strengths and any areas in which a child may need additional support.

WHAT THE MATERNAL TREATMENT PROGRAM OFFERS

Each mother will earn baby/child points when participating in the program. These points may be used to purchase items from the MTP baby store. By participating in the journey to "whole-person" health, mothers may utilize the baby store to help meet their child's needs.

Services provided through the Maternal Treatment Program include:

- Substance use treatment
- Individual and group therapy focusing on trauma
- Child development & positive pregnancy
- Parenting & nutrition
- Budgeting and financial independence education
- Medication Assisted Treatment (MAT)
- Case management and skills training
- Coordination of care with an obstetrician and pediatrician

HOW TO GET INTO THE PROGRAM

Participation in the MTP is voluntary unless otherwise ordered by a court or Department of Child Services. Many women are referred by their obstetrician and services are coordinated throughout the pregnancy. Women accepted into the Maternal Treatment Program are pregnant and have a substance use disorder(s) or have an infant born with substances in their system.

IT TAKES A VILLAGE

Meridian's Maternal Treatment Program is unique in combining the efforts of many community partners and stakeholders who share the same belief—women and children experiencing substance use issues deserve an opportunity to create better and more productive lifestyles. These partners help wrap services around the mother, child, and family for continued support.



Meridian Health Services is committed to making health care easily accessible by providing locations throughout the state for people of all ages to receive integrated care. **Our footprint is growing - please visit MeridianHS.org for the most up-to-date list of our locations.**

LOCATIONS:

ANDERSON
Meridian Health Services
1547 Ohio Ave.
765-641-7499

LAFAYETTE
Meridian Health Services
1500 Salem St.
765-250-9212

MUNCIE
Suzanne Gresham Center
3620 W. White River Blvd.
765-288-1928

NEW CASTLE
Meridian Health Services
930 N. 14th St.
765-521-2450

RICHMOND
The Nest *in collaboration with Reid Health*
501 S. 7th St.
765-935-5390



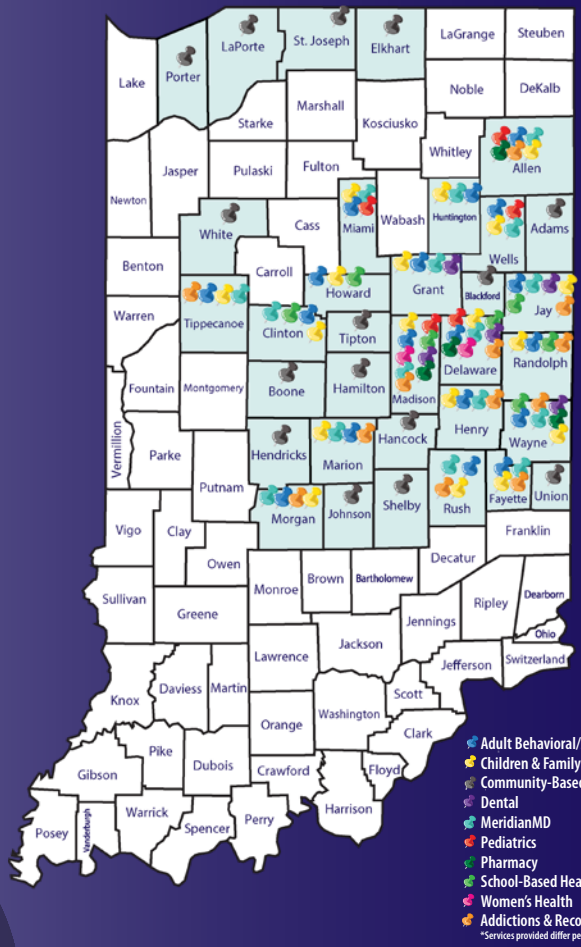
Call Meridian Health Services at **866-306-2647** to learn how to be free from the addictions in your life.

MERIDIAN

HEALTH Services

Physical. Mental. Social Well-Being.

Meridian Health Services is a regional, progressive health care organization specializing in "whole-person" health integrating physical, mental and social well-being. The focus on a broader spectrum of health offers a well-rounded approach for happier, healthier patients.



Located in over 50 facilities across Indiana!
Visit MeridianHS.org for a complete listing of locations and services near you!
MeridianHS.org • 866-306-2647

MATERNAL TREATMENT PROGRAM

ADDICTIONS & RECOVERY FOR EXPECTANT MOTHERS



MERIDIAN

ADDICTIONS & RECOVERY

Maternal Treatment Program